

IS FOOD A PROBLEM FOR YOU?

Are you someone who can't stop eating once you start?

Are you someone who can't stop thinking about food?

Have you ever worried about the way you eat?

Do you resolve to go on a diet tomorrow, only to fail again and again?

Is your weight affecting the way you live your life?

YOU ARE NOT ALONE

OVEREATERS ANONYMOUS CAN HELP

Big Book Meeting by Zoom

Monday Nights - 7:00 p.m. – 8:00 p.m.

Meeting ID: 886 5373 8211

Password: 346933

Mobile: +1-646-876-9923

ZOOM LINK:

<https://us02web.zoom.us/j/88653738211?pwd=RFZuUXI4cVV6WTFkSUxRSEExUQVlnZz09>



**Call or Text Kathy at 908-625-1168
or Donna Lee at 908-500-7950
for more information**

Former meeting location:
Morristown Medical Center for Family Medicine
435 South Street - Morristown, New Jersey